



Famous Faces



Tiffany Hall

Tiffany made her television debut on Channel 7's *Gladiators* in 2008, where she starred as the charming Angel. Since *Gladiators*, Tiffany's TV credits have expanded. She had a regular spot on Channel 10's *The Circle*, as a personal trainer to Chrissie Swan (one of *The Circle* hosts). She has also appeared on *Sunrise*, *WB Kids*, *7pm Project* and *Today Tonight*.

Best known as the White Trainer on Channel 10's *Biggest Loser* series, Tiffany Hall is a martial arts expert (a taekwondo black belt) and now a children's author.

Her new book, *White Ninja*, is out now and Funday has reviewed it on the back page.

FACT STUFF

Age: 27 **Nickname:** TT **Star sign:** Cancer
Famous for: *Biggest Loser* and writing *White Ninja* **Lives in:** Melbourne **Hair colour:** blonde **Eye colour:** Green

FAVOURITE STUFF

Hobbies: Piano, reading, writing, dancing,
Clothes: Dressing gown **Food:** Mexican
Music: Modern pop **Movie:** Napoleon
Dynamite **Holiday Destination:** Bali

INTERESTING STUFF

YOU'RE a taekwondo master, what inspired you to write 'White Ninja'?

I've always enjoyed teaching children through schools with anti-bullying programs so that's why I wanted to combine my love of martial arts, fiction and fantasy. It's a gradual thing. It's a lot about my upbringing, growing up ninja and being surrounded by martial arts and the legends and philosophies associated with that. The magic that I found in martial arts and the friendships that developed from that. I've been writing ever since I was young and that's been my main pursuit and passion but the story of *White Ninja* has been with me for a long time.

Did you enjoy the book tour?

Absolutely. It was the first time I was sharing it with kids so to see that they're enjoying the story was just so rewarding.

How would you define a ninja?

Someone who has confidence to follow their dreams and has passions in life and to stand up for themselves and respect others.

Will this book help kids as well as entertain them?

I think there are strong messages of confidence and self belief in there as well as lessons on how to stand up for yourself and stand up against bullies. But also there's a lot of hope for the bullies in it. I've done a lot of anger management to reform bullies through my martial arts school so it's about building the confidence of the bullies as well, helping them.

Are you working on any more books?

I'm writing the sequel now, called *Black Warrior*. And *Red Samurai* will be the third book in the trilogy. I've also written an adult novel for 16-year-olds and up. That will be out in 2014 in a full book deal with Harper Collins and it's a kind of gruelling schedule - writing and editing and being in touch with my readers as much as I can.

by TAYLOR AUERBACH