



*Tiffany
Hall*

Inside my album

The *Biggest Loser* trainer
shares some of her favourite
snaps with TV WEEK



Kicking butt

"Taekwondo is my soul. My family runs martial arts schools in Melbourne and I love being a Taekwondo instructor. Everyone in my family has their black belt. Here I am with some of my little ninjas aged four to six years old. Cute!"



A writer at heart

"Writing fiction is my true passion. This is me at home working on my debut novel that will hit shelves in September. My co-author is my cat, Gary Senior."



Family

"My sister is my best friend. I was snapped in Bali with my gorgeous little sister, Bridget."

Globetrotting

"I love to travel. Here I am at the top of the Rockefeller Center in New York City. I recently went with my boyfriend, Ed Kavalee, and it was the trip of a lifetime. Thanks Ed!"



Loser diaries

"Transforming my *Biggest Loser* contestants isn't about punishment and deprivation - it's about fun! This is a behind-the-scenes shot on the set of *The Biggest Loser* - I'm trying on one of my contestant's old jeans!"

